

All members:

- ❖ Come already warmed up
- ❖ Leave your worries at the door
 - It can be challenging to set aside personal issues and stressors but the rehearsal will be much more fun and productive if your mind is focused on the music
- ❖ Review music ahead of time
 - Even a few minutes a day will make a difference
- ❖ Do daily warm ups to keep improving personal vocal skills
- ❖ Stay focused on the musical/visual leader out front
- ❖ Watch/listen to rehearsal recordings, if available, to improve ear training and overall skills

Musical Leaders:

- ❖ Members' time is precious, use it wisely
 - No "wasted" time
 - Have a plan but deviate as needed
 - Communicate ahead of time what will be worked on so members can prepare
- ❖ Create expectations
 - Majority need to buy in to be successful
 - Group goal setting
 - Achievable goals
 - Stretch goals
 - Discuss what it takes to achieve the goals, ensure members are on board
 - Stick to the expectations, refer back to goal setting session
 - Personal responsibility from every member!
- ❖ Keep advancing skill set
 - If unsure how to keep the skills from coaching sessions, discuss this with your coach or other directors
 - Structure rehearsals following coaching sessions to reinforce new techniques and changes in the music
 - Have a member (or one member from each voice part) take notes (preferably on the sheet music) and send out for everyone to review
 - Work on consistency with new skills so they don't get forgotten or partially engrained
 - As a director, are you good at coaching on the spot? If not, is there someone in your chorus who is? Work together!
 - Watch videos, take classes, take PVIs to learn new skills that can be brought to the chorus (this goes for members and musical leaders!)

- Record and watch/listen back!! This is the best way to improve ear training and overall skills
- ❖ Rehearsal ideas
 - Three parts sing on “v,” bubble, or raspberry while one part sings lyrics
 - Solo, duet, or trio works while the other part(s) audiate
 - Section leaders stand out, provide coaching to their section while the director provides overall chorus coaching
 - Helps to have everyone stand in sections
 - Listen to leads sing their line then all parts sing the lead line
 - Pay attention to:
 - The movement and dynamics within the line
 - Embellishments
 - Inflections
 - Leads listen to harmony parts to notice the same things
 - Everyone then sings their own part
 - Director or section leaders conduct section duets while the other sections sit out to observe and learn
 - Part circles
 - Each voice part sings in a circle, can put the section leader(s) in the middle to provide feedback
 - Half and half chorus performances
 - Audience provides overall feedback
 - Each person has a partner, they provide specific feedback/coaching to their partner
 - Visual night
 - Front row rehearsal at same time as riser visual rehearsal (in different rooms)
 - Need front row coach and riser coach
 - Rest of rehearsal focuses on visual plan, physicality, diving into the emotion of the song
 - Assistant director directs while director coaches
 - Director and visual leader both coach
 - Draw chorus member names to watch a full run through of a song or contest set
 - Send members out with section leaders if they still need to pass their music, director works with the rest of the chorus and provide more individualized feedback
 - Mini-PVIs
 - Four members stand out front while the whole chorus sings, director or coach spends 1 minute with each and provide feedback
 - Quartetting
 - Tag quartets/double quartets

- Draw names to create a quartet/double quartet that performs that night
- Each part lines up, first person in each line sings