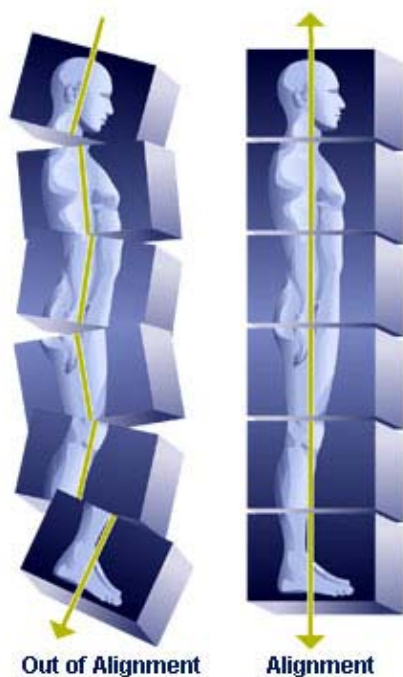


The Journey Begins: Step #1 is Posture

By Janie Macchiaroli, Education Coordinator, Region 10



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"Vocal skills are the key ingredients for all performing groups, and individual vocal lessons are the ideal way to improve; however, many of us don't have the time or money for individual vocal instruction. Even so, there is a way to become a better singer: do-it-yourself vocal production lessons!"

Posture is the basis of all good singing. When you study a musical instrument, you are first taught to hold it correctly so that you have the ability to play it properly. The human voice is the most versatile and flexible of musical instruments. Since we sing with our whole body, it is important, and the basis of all good singing, to learn how to hold the body properly.

The ultimate goal in singing is a freely produced, rich, open and resonated sound. The vocal apparatus must be relaxed. The way the body is held—its posture—has a major impact on whether the vocal mechanism can remain relaxed and free." (Author: Betty Clipman, The PitchPipe, July 2004)

As the saying goes, "A journey of one thousand miles begins with one step." In our musical journey, the first and most important step is proper posture. Posture (also known as *body alignment*) is the first step, the foundation for learning good vocal skills. The human body is designed such that the vocal apparatus and the supporting structures (spine, ribs, sternum, and so on) must be properly aligned and relaxed to work as designed.

(Continued on page 13)

Spread the Word for Free Publicity

By Jane Schlinke, Marketing Coordinator, Region 10

Once in my chorus a committee chair was bragging that her committee had more members than any other. Well, I beg to differ. The Marketing and Publicity have the largest contingency of members, because every Sweet Adeline is a member of this committee.

Don't think so? Word of mouth advertising is the best form of

publicity there is. Have you ever heard someone say, 'that restaurant has the lousiest service'? Immediately you have formed an opinion of that restaurant. What if you are talking about your chorus? 'We never learn any new music.' 'I wish we didn't have to work so hard. We never get any breaks.'

Whatever the complaint, keep those issues where they should be -- in the chorus. Instead tell others why you're a member. Is it

(Continued on page 13)

Welcome Region 10 New & Dual Members April –June 2007

Austin Harmony
Elizabeth S. Arnold
Kimberly Newcomb
Marcy Scofield

Houston Horizon
Christine Season
Jan B. Daly (Dual)
Vicki Davis (Dual)
Carol Mouche' (Dual)
Carolyn Hudler (Dual)
Pam Parish (Dual)
Susie Chirafis (Dual)
Dixie Goro

Crescent City Sound
Mary J. Counts

Magic Valley
Joan F. Felton
Karen S. Hunger
Janet S. Rudd

Starlite Sound
Shannon M. Stacy

Voice of Vermilion
Beverly G. Columb (Dual)



DIRECTOR SEARCH Voice of Vermilion Chorus Lafayette, Louisiana

Our 33+ member award-winning chorus is searching "high and low" for a new director who will continue our desire for musical excellence and membership growth.

Contact:
Beverly Colomb, Chairman
Director Search Committee
PO Box 60208
Lafayette LA 70596
Email: bcolomb@cox.net
Phone: 337-233-3179



November 18 - 3 pm
Carver Cultural Center
San Antonio, TX

210-655-1574 or 210-722-8551
www.alamometrochorus.org

This production is not a presentation of the Carver Community Center.

Region 10 Calendar of Events 2007-2012

2007	
Sept 8	Crescent City Sound Chorus Show
Sept 29	Austin Harmony Chorus Show
Oct 9-13	International Competition - Calgary, Alberta, Canada
Oct 27	Brazos Crossings Chorus Show
Nov 9-10	FRM, Hilton Houston NASA Clear Lake, Faculty: Sandy Robinson Marron
Nov. 11	RMT meeting
Nov 17	Chisholm Trail Chorus Show
Nov 18	Alamo Metro Chorus Show
Dec 1	Austin Harmony Chorus Holiday Show
Dec 1	Texas Harmony Chorus Holiday Show
Dec 1	Voice of Vermilion Chorus Show
2008	
Jan. 18-19	WRM, Marriott Greenspoint Hotel, Houston, Faculty: Marcia Bosma & Jean Flinn
Jan. 20	RMT meeting
Feb 9	Sparkling City Chorus Show
April 3-6	Regional Competition, Stafford Centre, Stafford, TX
May 16-17	May Chapter Leader workshop, Marriott Greenspoint Hotel, Houston
June 28	Area Schools - Beaumont and San Marcos
Sept 22	Lone Star Chorus Show
Oct 3-4	FRM, Marriott Greenspoint Hotel, Houston, Faculty: Judy Pozsgay
Nov 4-8	International Competition - Honolulu, Hawaii
2009	
Jan 16-17	WRM, Faculty: Sandy Nason
Mar 19-22	Regional Competition
May 15-16	May Chapter Leader Workshop, Houston
June 20	Area Schools – Baton Rouge, Temple and Corpus Christi
Oct 2-3	FRM, Faculty: Lynnell Diamond
Nov 3-7	International Competition Nashville, TN

2010	
Jan 15-16	WRM, Faculty: Harriette Walters
Mar 25-28	Regional Competition
May 21-22	May Chapter Leader Workshop, Houston
June-Aug	Area Schools TBD
Sept 18-19	FRM
Oct 19-23	International Competition - Seattle, WA
2011	
Jan. 14-15	WRM
Mar 17-20	Regional Competition
May 20-21	May Chapter Leader Workshop – Houston
June	Area Schools - TBD
Oct 18-22	International Competition - HOUSTON, TX (We will not have an FRM. Everyone is encouraged to attend International!)
2012	
Jan 20-21	WRM
Mar 15-18	Regional Competition
FRM = Fall Regional Meeting WRM = Winter Regional Meeting <i>NOTE: Show dates must be approved by the Regional Team Coordinator (JoAnn Flanagan) before they can be posted to the calendar.</i>	

Region 10 Website:
<http://www.region10sai.org/>

Tune In With Ten is the official newsletter of Great Gulf Coast Region #10, Sweet Adelines International and is published three times annually.

Editor

Carol Mouché

8760 E. Canyon Court Temple, Texas 76502
 Phone: 254-982-4873 Email: cmouche@aol.com

Upcoming Deadlines:

November 15, 2007 (winter issue)

Chorus Lines

Alamo Metro Chorus San Antonio, TX

Alamo Metro Chorus remains on cloud nine following our 1st place Regional win this past spring. We have been busy ever since. Do you know what it takes for 70-plus ladies to get to Hawaii? Well, it is a lot of work, but the Alamo Metro ladies are up to the task. We are developing our task force and fund raising is on the way.

You may have heard about our Jingle contest win. The Plumber Hummers won the whole thing. Section leaders Bebe Caldwell, Robin Parsons, Ronda Perez and Hilda Mancillas sang an original arrangement of Master Director Mary Ann Wydra. In a very short time these talented ladies put this whole thing together. Our prize was two fold; \$5,000 as well as the commercial is still being aired in the San Antonio area. So hmmm, what to do next? A devoted Sweet Adeline from Houston Horizon, Beth Watkins came to us with another Jingle contest, Heinz ketchup. So of course we entered. Once more Mary Ann stepped up to the challenge and wrote a new "Saucy Singers Jingle." This time the entire chorus participated.

We have entered and you can view it at www.youtube.com. Just search the site for Saucy Singers or go directly to: <http://www.youtube.com/watch?v=ab2RFSGUYwA>. While we were not selected as finalists, this was great publicity for Sweet Adelines around the world, and we had a lot of fun putting it together.

The chorus is working hard on new music and preparing for our annual show Nov 18. The title is "Fire n' Ice." Look for the ad in this issue of the TIWT, and our website, alamometrochorus.org.

We wish Houston Horizon and Replay best of luck in the far north Canada land at the international competition. Break a leg.

By Jane Schlinke, TIWT Correspondent

Austin Harmony Chorus Austin, TX

AH! is preparing for its September 28 show, *Austin Harmony presents YOU'RE IN THE ARMY NOW*, with lots of juicy WWII-era songs and contemporary tunes as well. Gotta get at least one more wearing out of those BDUs. Tickets are available at austin-harmony@austinharmony.org.

We've also begun preparing for 2008 Regional Competition. Our chorus swells on those days that our contest members join us from as far away as Houston and San Antonio. We're thinking of stealing their car keys so they can't go home. AH! is experimenting with part-time memberships as many other choruses are. We have to think outside the box these days to get and keep members.

In addition to our September show, AH! is participating in a talent show on September 14, sponsored by the State Comptroller's Office, and will again participate in the Simon's Evening of Giving event at Barton Creek Mall in November.

AH!'s two newest and youngest members, Kimberly Bryant (14) and Kiara Newcomb (15) are also members of the Austin Girls Choir. They spent part of their summer with their choir on a tour of Italy. These young women have infused our chorus with a bundle of energy and great hopes for the future of Sweet Adelines.

AH! Members will be selling the Entertainment 08 Passbooks as a fundraiser. These are regional coupon books that many people use on a regular basis to save tons of money for everything from movies to dining to tires! Contact any AH! member to purchase one.

By Kathy Pillmore, TIWT Correspondent

Baton Rouge Chorus Baton Rouge, LA

The B.R. chorus started off the summer with the first Region 10 Area School on June 16. The event was a great success and the education was topnotch! On June 30 the chorus enjoyed a fabulous

coaching session with the wonderful Kim Wonders. Coach Kim helped show us how a small chorus can have a "big" sound.

In the following weeks of the summer the chorus has been learning several new songs. We've welcomed two new members, Viki Guillot and Molly Milne. We sadly had to say goodbye to a veteran Sweet Adeline, Susan Farmer. Susan and her husband Russ have sold their home and most of their possessions. They are now traveling across the U.S. visiting friends and family along the way. Hopefully they will return to B.R. around Christmas time so Susan can sing with us for the holidays.

Upcoming performances for the chorus will be on Aug 18 at the local Whole Foods Grocery and on September 28 at the Woman's Council Luncheon.

Plans for a fall show were cancelled due to conflicts with LSU football, elections and coaching sessions. However, our director, Cate McRitchie, came to the rescue and suggested a post-Mardi Gras show on Feb 16. The chorus is now actively beginning plans for the show.

By Wendy Waguespack, TIWT Correspondent

Brazos Crossing Chorus Rosenberg, TX

Rainy days and Mondays didn't get the members of Brazos Crossing Chorus down this summer. We had great summer rehearsal attendance and did some good work! We also added a new member – Kitty Z has joined our ranks and we are thrilled to have her. We did take a two-week break in July and members had some interesting vacation destinations, including at least four members who took separate Alaskan cruises.

The chorus is now preparing for a busy fall, including a "Hello Broadway" show under the direction of Gail Bartz on October 27 in a new venue in Richmond and a reprise of our Holiday Harmony Chorus. Show chair, Ann Pavliska, is putting together a "dream team" to handle logistics of the show, including the all-important fund raising aspect.

New music, a new quartet and a double quartet are keeping rehearsals interesting. The chorus is working hard to make musical and organizational progress. As the school year approaches, we're lining up coaching, preparing publicity for the Holiday Harmony Chorus recruitment, and setting up our holiday performance dates.

We wish all our Region 10 members a happy and healthy fall season!

By Julie Platek, TIWT Correspondent

Chisholm Trail Chorus Temple, TX

Since our last issue of Tune In With Ten we have been working on some new and old songs for our upcoming show, "A Stellar Journey, 25 Years of Harmony." Yep, that's right -- Chisholm Trail is 25 years young and going strong. We have a stellar line up for our show and look forward to having former members perform on stage with us or at the very least attend one of the shows on November 17 for our Silver Anniversary. If you were a member of CTC or if you know someone who sang with us at any time in the past we would love to hear from you. Please contact the chorus at ChisholmTrailers@aol.com.

Chorus rehearsals took a one week break so that our quartet, Bel Canto, could attend IES as a demonstration quartet. In addition, 6 members took classes all week, and 12 members drove down to San Antonio to watch the chorus finals on Saturday; what a show!

For the summer our director, Carol Scherer, divided the chorus into two smaller choruses and each had to plan and carry out a performance package in August. The choruses were judged using the same criteria we use at contest. This was a wonderful learning experience, especially for our new and prospective members.

In October several members will be attending International in Calgary, plus we have three dual-members competing -- Marcia Harris with Five Valleys

Chorus in Missoula, MT; and Carol Mouche' and Vicki Davis with Houston Horizon. And while dual member Carol Scherer will not be performing with the RichTones on their bow-out, she will undoubtedly be attending many of the activities with her second chorus.

With temperatures climbing back up to normal for a crispy August it's hard to believe we are already lining up Holiday performances. December is just around the corner! And then Contest!

By Gail Eltgroth, TIWT Correspondent

Cradle of Texas Chorus Sugarland, TX

Cradle of Texas Chorus has voted to move from Angleton, Texas to Sugar Land, Texas starting Sept. 11, 2007. Our new home will be: Christ United Methodist Church, 3300 Austin Parkway, Sugar Land, TX 77471. We rehearse Tuesday nights, 7 p.m.-9 p.m. Holly Ritter is our Director. You can contact us at: WeSing-DoYou@aol.com.

Crescent City Sound Chorus New Orleans, LA

Things are really popping for us here in New Orleans. We had a wonderful Area School in Baton Rouge in June. I would encourage any chorus who has the opportunity to attend one of these schools in their area to make every effort to attend. We were treated to the expertise of Vickie Dennis, Janie Macciaroli and Carin Williamson. I think everyone who attended left feeling like it was a day well spent.

We have busy singing all around the



town. We had a wonderful time at Boomtown Casino's Family Day. I don't know who enjoyed it more -- our audience or us. One little boy and a toddler actually came right up to us and tried to join the chorus before their moms caught up with them.

On July 19 some of us met with the midsize chorus winners from IES this year. The chorus from New Zealand was planning on attending the International that was to be held in New Orleans before Katrina blew into town. Our time with them proved that distance doesn't matter. A Sweet Adeline is a Sweet Adeline no matter where they call home.

We've also been busy spreading good cheer around some area nursing homes. We feel that the more we perform the better singers we will become. I love to watch the residents as they try to sing along with us. It's a wonderful feeling knowing that we've made a difference in their day.

We are working hard preparing for a joint show with the men's chorus. We had our coach come in and work with us on our show tunes and Jeannine is adding her magic touch with choreography. We are really looking forward to having a venue to showcase the hard work we've been doing to improve our vocal skills.

As soon as the show is over, it will be time to start in earnest on our contest songs. September will bring our coach back to New Orleans. Let the really hard work begin.

By Kitty Warner, TIWT Correspondent

Fiesta City Chorus San Antonio, TX

What a summer! We were lucky to have "cool" days for Folk Life Festival, San Antonio's celebration of all the nationalities that live in and around the city. Our quartet "High Five," with Sally Wiskemann, Mary Ellen Smith, Hazel Knipp and Patti Richter, opened the three-day celebration with the singing of the National Anthem. We had a

(Continued on page 6)

(Continued from page 5)

wonderful time entertaining the crowds.



There are Cowboys that hold the Wild West show and we sing (what else!) "A Good Man is Hard to Find." Some of them posed for a picture. We had members attend IES and they came back with wonderful ideas and programs to improve our singing. We are working on making videotapes of all our choreography to give to new members so they can dance along at home. The next big project is a guest night in September. Then we get ready for the fast approaching holiday season. Where did the summer go?

By Betsy Billinger, TIWT Correspondent

Greater Sabine Chorus Beaumont, TX

Summer 2007 has been a very productive summer for Greater Sabine Chorus (GSC). After hosting members of Spindletop Sound (SS) at its 25th birthday celebration in May, the two choruses rehearsed together throughout June, July and August.

Directors Cindy King of GSC and Sheri Strawther of SS shared directorship duties. The choruses worked on learning



Carolyn Hudler, Spindletop Sound, teaches part of the choreography to Tootsie, Tootsie to the combined choruses.

songs from the other's repertoire. Members worked on more than 10 songs during the three months. Four songs came from each chorus' repertoire. The other two were already known by both choruses. Leaders of each chorus worked in sections on that chorus' songs and then the entire group returned to put the parts together.

In August, the choruses began learning the choreography on four of the up tunes in the list. The choruses will join their voices for a sing-out at a local retirement home in late August, the first of the summer. A Family and Friends night is set for September 15 with the program including the songs of each chorus.

On June 2, before the choruses began rehearsing together, Greater Sabine Chorus performed for the District Conference of Quota International of Southeast Texas. It also was called upon to sing at funerals for Dot Maggard, mother of GSC coach Nancy Marchetti, and Don Crane, father of GSC director Cindy King.

By Carolyn Martinez, TIWT Correspondent

Houston Horizon Chorus Houston, TX

WOW! Calgary is almost here and we are working very hard to prepare for contest. We had our annual retreat in late August and several other coaching sessions are planned to help us polish our sound, attitude and choreography! We also performed on the Houston Tidelanders' (BHS) annual show on August 18 at the Wortham Theater in Houston. We sang many of our songs for the Calgary contest and were well-received. It is going to be a busy last couple of months.

We will be having a friends and family performance/send-off on Tuesday, October 2 -- location to be determined (check our website closer to the date for more information).

While our musical leaders are making sure that we have all of the tools we need to put our best on stage, some of our members (Canadians) are helping to prepare us for the language differences.



And while parkades (parking garages), garborators (garbage disposals) and runners (tennis shoes) have not become part of our daily vocabulary, bowling terminology certainly has. The sheer number of clichés and jokes about our newest hobby has "bowled" us over! To say we are enjoying ourselves is an understatement.

We look forward to seeing many of you in Calgary, and for those not attending, perhaps the webcast is right up your "alley," eh?

By Karla Fenton, TIWT Correspondent

Lone Star Chorus Fort Worth, TX

June 2007 began a busy summer for us at Lone Star. We were pleased to perform in the "Barbershop Extravaganza" at the Myerson Symphony Center as part of the Dallas City Arts Festival. What a great time we had joining other barber-



shop choruses to share our unique and beautiful music.

Another highlight was our weekend of coaching with Kim Hulbert. Kim "wow-ed" us with her tremendous ear when she did voice placement of the entire

chorus to show off our voices to full advantage.

Of all of the events of the summer, we were most touched by the death of our sister Barbara Tackett, who succumbed to cancer after a long, hard fight. The chorus, with the help of our friend Steve Mark, recorded "It Is Well" and "You Raise Me Up," which were made into a CD that was played at Barbara's memorial service. Copies of the CD were sold to chorus members and friends, with proceeds donated to the American Cancer Society. We were pleased to raise \$700 in memory of our dear friend.

In a stirring tribute to Barb, Trudie Case wrote, "My friend and yours, shared her life, humor, values, graciousness, courage, strength, compassion, determination, intelligence, optimism and tenaciousness with us and we are all better for it. Barbara Jean Tackett is a winner in the book of life!"

By Susan Hammerschmidt, TIWT Correspondent

Magic Valley Chorus McAllen, TX

Chorus members have been meeting all summer, learning new music and preparing for the return of our Director, Marlys Gagnon, from her summer visit to Minnesota. Members rotate to lead the chorus with physical warm-ups, vocal warm-up and leading our songs under the guidelines of director.

Following our last performance in May, several ladies came to visit Magic Valley. We were having so much fun they imagined themselves on stage with us. Three new members, Janet Rudd- Tenor, Karen Hunger- Bass and Joan Felton- Lead, joined in July. This group of friends brings performance and stage experience to our chorus along with a wonderful sense of humor.

Seven members attended IES in July. Marlys was in the director's program. Gloria Crum attended the choreographer track while four board members were fortunate to be in the last Symposium chorus with Lori Lyford to experience the application of the techniques taught at IES.

This season we are looking forward to our annual show, February 16, with a Broadway and Romance theme. Janet LaBoskey, VP and Gloria Crum, Choreographer, are co-chairs for this year. It's exciting to see some of our newer members take on the challenge, but they're very qualified!

Plans are also in the works for a special performance with the Senior Ambassadors Men's chorus, Men of A chord, and the RGV Town band at the McAllen Auditorium on March 7, 2008. This "Music for All Ages" is becoming a community favorite for cross-marketing four separate groups, sharing the stage for the finale.

A new membership drive will reach out to the McAllen area, one of the fastest growing areas in the country, to find women with a yearning to fill a void in her life. We look forward to sharing our love of singing with this entire community.

By Mary Seward, TIWT Correspondent

Sparkling City Chorus Corpus Christi, TX

Things are really heating up in South Texas – not just the weather but also the number of requests for performances our chorus has received. Venues have been varied, such as a memorial service for the Texas Funeral Directors' Association, the American Cancer Society's Relay for Life, the Corpus Christi Stroke Club and a local senior apartment complex. Future dates include assisting with the men's Barbershop Society competition here in Corpus Christi on October 19 & 20, a Veteran's Day memorial service and Dance across Downtown for the American Diabetes Association. In the works is participation at the Texas State Aquarium's large fundraiser next April along with headliner entertainment, the Marshall Tucker Band. Ok – we'll let them share the stage with us!

We are very happy to welcome our newest member, Gail Bridgeman (Baritone) and hope that other recent visitors will continue to join their voices with ours.



A recent choreography coaching rehearsal brought one of our favorite people to town – Larae Laverne from Houston Horizon Chorus. Her contagious energy and smooth moves added so much to the music we're preparing for our annual show this year in February 2008.

Our annual show will be held on Saturday, Feb. 9, 2008, at the Harbor Playhouse on the waterfront in downtown Corpus Christi. This will be a new venue for us and the date, later than our traditional Fall show, also will allow us to cater to the Winter Texans that reside here in January, February and March. Also new this year will be a matinee as well as an evening performance of some of the best music of the 1940s, with acting, dancing and period costumes. Jitterbug anyone? We are especially pleased to showcase MONTAGE Quartet as our Guest Quartet on the show.

By Lela Gallo, TIWT Correspondent

Spindletop Sound Chorus Beaumont, TX

Hello from Spindletop Sound. We have had a most interesting summer. Since June 7 we have been having joint rehearsals with Greater Sabine Chorus. It has been a great lesson in compromise, coordination and commitment.

Compromise in that we agreed to meet on Spindletop's practice night (Thursday) and at Greater Sabine's location.

Coordination because we are now dealing with two directors, two Team Leaders, two choreographers -- well, you get the idea.

(Continued on page 8)

Commitment because between the two choruses, we have learned 6 or 7 new songs in about 8 weeks -- several with choreography! Do I recall someone complaining last spring because we weren't learning any new songs? We did take one week off due to leaders from both groups attending IES.

Our combined groups will do a 'sing out' at a local retirement center soon. In September we plan to present a show for the community highlighting what we've learned over the summer. The end of summer brings with it decisions that must be made. However, the great thing about this summer has been the new friends we've made through our joint efforts. That is something no one can take from us. It's been a joy.

By L. Lynn Babin, TIWT Correspondent

Starlite Sound Chorus Humble, TX

Early in the year, we bid farewell to Dixon, wished her well in her retirement and started a search for a new director. On June 21, the chorus finalized an agreement with Yvette Morgan to be our new director. Yvette has years of experience singing with Greater Sabine Chorus and she is currently a member of the Out Of Control quartet. She also was a mem-



ber of the 1997 Regional Champions, the Calypso Quartet. As an added bonus, we've had Nancy Marchette for several rehearsals to listen and encourage our director in her new role.

Thanks to Tina Kowis, Starlite Sound now has a website, <http://StarliteSound.blogspot.com>.

Yvette's husband, Keith Morgan, sings with a nationally known men's gospel quartet, "The Master's Men." About two

carloads of our chorus traveled to Silsby to attend a huge gospel celebration -- quartets, octets, keyboards and percussion. What a celebration! We really enjoyed it.

We are singing out at every opportunity to reach out to those singers who haven't had the opportunity to hear barbershop.

By Dusky Clark, TIWT Correspondent

Texas Harmony Chorus Irving, TX

July 2 and August 6 have become memorable days forever for Irving's *Texas Harmony Chorus*. In the hustle of those Monday mornings, while the



Ten Texas Harmony Chorus singers welcome home hundreds of U.S. soldiers at DFW International Airport.

world prepares for a new week, *Texas Harmony Chorus* members set aside their rush to gather at the DFW International Airport for two special occasions: welcoming home 240+ (July 2) and 110+ (August 6) of our U.S. soldiers from Iraq for their R&R. We see loved ones embrace, and tears of joy flow; laughter resounds, and calming relief overtakes the troops' families. Our eyes shed tears, too, as we are humbled by these experiences, deeply touched by the strength and patriotism our soldiers display.

As *Texas Harmony Chorus* members, it is our honor to be part of such an important monthly ceremony. In fact, the Chamber of Commerce of Irving and the USO Chapter of Irving have extended continuous invitations to the *Texas Harmony Chorus* to sing at any homecoming for our troops. To all of our troops: We love you and salute you. We gracefully bless and honor our soldiers and

their families.

We invite everyone to attend *Texas Harmony's Christmas Showcase* on December 1, especially our military families and friends. For more information about *Texas Harmony Chorus* activities and performances, please visit us at www.texas harmony.org. Send inquiries to our Events Coordinator, Donna Reeves, at seveerd@tx.rr.com.
By Donna Reeves and Michele Barr, TIWT Correspondents

Voice of Vermilion Chorus Lafayette, LA

Voice of Vermilion Chorus is pleased to announce that Carla Bay and Betty Couch are now serving as Co-Directors. They were appointed following John Poirier's resignation as our director earlier this summer. We're planning a fall show on December 1, beginning a director search, getting coaching for our show and for competition, preparing for holiday season performances, gearing up for April competition, and conducting an on-going membership campaign.

Carla Bay and Karen Bernard were fortunate to have attended IES in San Antonio. Bron Dixon from Mobile rode with us for her first IES experience. We're already looking forward to attending the final IES next summer.

VOV performed at Grace Presbyterian Church for its Sunday service on August 19. Six of us are heading to Region 23's Fall Fling Meeting featuring Dr. Greg Lyne. Bev Colomb, Libba Hinson, Nelda LeJeune, Betty Couch, Lee Mathis and Lynne Worth will drive to Birmingham the weekend of September 14-16. We're excited to perform for the first time at the Roberts Cove German-Fest in early October. Five members are off to Calgary in October. Enjoying their trip to Canada will be Bev Colomb, Cathy Guidry, Nelda LeJeune, Lee Mathis and Betty Couch.

VOV is proud to have five registered quartets now -- KCKC, Cherries Jubilee, Les Papillon, High Voltage and newly-registered Tri-Parish Four.

By Karen Bernard, TIWT Correspondent

Baton Rouge Hosts New Regional Area School

By Kitty Warner, Crescent City Sound Chorus

These pictures are from Region 10's very first Area School which was held in Baton Rouge on June 16th. It was attended by Crescent City Sound, Baton Rouge, and Voice of Vermillion choruses. Since Carin Williamson was coming to meet with the chorus leaders, the rest of her quartet came and entertained us.

The meeting was well attended and Vicki and Janie did an excellent job teaching those in attendance the vocal skills that are so important in this wonderful hobby of ours. The choruses performed a Regional song together as one Texas sized chorus and got coached and given "tricks" to use to help us sing properly. It was amazing to all of us to see how making these small changes made such a difference in our sound.

After a wonderful lunch supplied by the attendees, each chorus had an opportunity to perform two songs from their repertoire and put the skills we had just learned to good use. Each chorus director also had the chance to be coached by two knowledgeable directors/coaches.



Annette Douthat, Baton Rouge coordinator, and Jo Ann Fernon, Director, Crescent City Sound Chorus, New Orleans

Start Planning Now For Wall Of Fame And Scrapbook Pages

By Karen Bernard, Region 10 Historian

I know that it's early but I wanted to give everyone the information about Scrapbook Pages and the *Fifteenth Annual Wall of Fame*. Packets containing what each chorus historian and chorus president/team leader will need will be given out at the January Regional Meeting at the Chapter Leaders Forum. Those same packets not picked up will be mailed to chorus presidents/team leaders for distribution. I encourage all choruses to honor **one** special member on the "Year 2008" Wall of Fame and to submit an entry in the Regional Scrapbook Contest for 2007-2008.

Be sure to visit the Historian's tables at the Regional Boutique at every meeting and at contest. You'll find lots of snapshots and chorus/quartet photos for sale at very reasonable prices and many for free (or make a donation). Many Region 10 scrapbooks are on display as well as the Region's Chorus and Quartet Champion Albums.

My contact information is: (home address) 841 HWY 182; Sunset LA 70584. My phone numbers, fax & e-mail address follow: (w) 337-482-6418; (h) 337-662-3247; (fax) 337-482-2489; (e-mail) kbsings@centurytel.net

CONGRATULATIONS

Beaumont Choruses Merge!

The Spindletop Sound and Greater Sabine Choruses have voted to consolidate after meeting together all summer. We will have a friends and family night show on Sept. 15, 7 p.m. at St. Andrews Presbyterian Church on the corner of Gladys and 23rd Street in Beaumont. All are invited. We hope to have a full house for fun, fellowship and lots of singing. Questions, contact Carolyn Hudler at c.hudler@juno.com



Region 10 proudly offers SoDanca

Region 10 has made arrangements with a supplier in Houston to better coordinate and serve the members of Sweet Adelines (and their feet) all over the world.

Thank you for your interest!! We look forward to hearing from you. Thanks again for supporting Region 10 Sweet Adelines. We know your feet will love you for it!!

Contact Fancy Dancer at 281-397-7624 (Don't forget to mention you are with Region 10)

Quartet Notes

Montage

Kathy Walden, tenor; Nita Myers, lead; Carole Carmichael, baritone; Julie Jones, bass

Montage sends a warm ALOHA to our Region 10 sisters in song! Everyone is trying to raise funds to get to the Island Paradise in 2008, right? In fact, when we heard about the Heinz TV Challenge on YouTube and the possibilities of winning \$57,000 (or \$5,700) we just had to enter! Unfortunately, our "Heinz Hot Tomatoes" video did not make the semi-finals in the Heinz Top This TV Challenge contest on YouTube. But we had fun and learned a lot!

Montage has been on a whirlwind since April with singouts, rehearsals and family events. For fun we saw "Menopause the Musical" (everyone needs to see this show!); sang at three birthday parties; two weddings; two Whataburger events; for Nita's church group; and a SA Missions baseball game. Then, un-



fortunately, Nita was laid off her job-- along with many others.

In September, we are singing for an anniversary party, another birthday party, and the BAMC Fisher House Fundraiser (2,500 soldiers are expected). On September 29, we are thrilled to have been invited to sing on the Austin Harmony Chorus Show! In October we are singing (for the third time) for the Taste of the Metrocom fundraiser involving 12 surrounding cities, and for the Junior League

(Market Ole) fundraiser. The holidays are around the corner and always a busy time for us. Then in January, our lead-extraordinaire Nita is going on the barbershop cruise with a few hundred of her barbershop friends! When Nita gets back on dry land, we are thrilled to be heading down to Corpus to sing on the Sparkling City Chorus show on February 9! Then the countdown to competition....YeeHa!!

We love to keep busy and have fun - can you tell? However, in spite our busy schedule, we have managed to learn 8 or 10 new songs (it's hard to keep track!) for our upcoming shows.

Special thanks (and prayers) go out to our fabulous, multi-talented coaches, Jo Black and Marcy Scofield. Jo currently is dealing with her seriously ill father, and Marcy is recovering from foot surgery -- and being laid off her job! Unfortunately, she worked for the same company as Nita! God bless them all.

Our best wishes go out to Replay and Houston Horizon in Calgary! Break a leg!

Cross Country

Carolyn Hudler, tenor; Sheri Strawther, lead; Pam Parish, baritone; Susie Chirafis, bass

It has been a very relaxing summer for Cross Country Quartet. We did a performance at a Baptist Church in Port Arthur and received a VERY nice love offering -- much more than we would have charged! On our way to IES, we made a slight detour to Lockhart, Carolyn's home town, to sing a special happy birthday to her 90-year-old dad. What a treat it was to have her mom join in and help out. Then on to San Antonio for the wonderful instruction at IES. Since Sheri, our lead and director of Spindletop Sound, did the director's track the rest of us just did our own thing and took whatever classes appealed to us. Sheri stayed on campus while Carolyn and Pam stayed with Susie and her husband in a camper in a nearby campground. Quite an experience for Pam as she had never done that before. Susie and John went on from

there to Colorado and Utah for another couple of weeks camping and hiking. After a short visit with Sheri's brother and wife in Schertz, it was on home for the rest of us. We had plenty of room riding in Pam's new Tahoe, her 'quartet mobile,' as she calls it.

Replay

Janet Burnett, tenor; Vickie Dennis, lead; Kellie Gareri, baritone; Martie Heyde, bass

We have been busily preparing for Calgary with rehearsals and coaching. Our biggest event was "A Salute To Broadway" with the Statesmen, a Barbershop Harmony Society chorus from Spring, TX, directed by our own Janet Burnett! It was held at the Crighton Theatre in Conroe, TX, on the afternoon and evening of July 28. We were the featured artists and we thoroughly enjoyed singing in that superb venue to two packed houses! Below is a photo from the show.



"Real life" news: Vickie became a very proud grandma to "Hunter Thomas" on July 24 and has only a few million photos to share with everyone! (She carries her laptop around.) Janet is well on her way to recovering from back surgery the end of May, and Kellie is busy trying to fit all of her three boys' activities into a packed summer schedule. Martie, our "retired" one, is busy as our quartet "business manager," and keeping up with her many volunteer jobs at her church. We are all looking forward to the Fall and perhaps some cooler weather. As we write this, it's 54 degrees in Calgary. It should be NICE and cool there in October!

We would like to thank you, our dear Region 10 friends, for your love and support as we work hard at doing you proud in Calgary! We look forward to seeing many of you there. If you will not be there, tune in to the webcast at 2:39 PM Calgary time (3:39 PM Central US time) on Wednesday, October 10, 2007. It will be great to know many of our friends are "out there!"

Bel Canto

Katie McClellan, tenor; Janet Brown, lead; Pat Murray, baritone; Carol Scherer, bass

Bel Canto is "alive and well" after taking a month off to vacation. Since then things have been pretty busy this summer learning some new music and gaining experience from our performances.

The highlight of our summer was attending IES as a quartet in July. Our first day of IES started out with a "bang." We were the demonstration quartet for Darlene Rogers' class, "Quartet Coaching with TLC," before a packed room of experienced coaches and coaches-in-training. This was a unique opportunity to gather tips on coaching techniques and then experience those techniques first hand – all in a 1-hour session. From then on our day just got better as we met with Molly Huffman and Debbie Connolly for 2 more exceptional coaching experiences. It is amazing how much information can be squeezed into a small amount of time – thank goodness for MP3 technology, which got everything recorded – so we could focus on coaching.

On the horizon are preparations for our upcoming annual Chisholm Trail Chorus show on November 17, more coaching sessions, and our busiest performance month of the year – December – Ho...Ho...Ho! See everyone at the November regional!

Magic Mix

Lee Tayon, tenor; Candy Green, lead; Trudie Case, baritone; Marilyn Hanna, bass

Magic Mix has had a very busy summer. In addition to several performances at

local churches, we have sung the national anthem at Lone Star Park and the



Texas Rangers. Our first attempt at the Ballpark was during the "mother of all storms." Luckily, the weather on the rescheduled date was perfect and the Rangers also won, which was a bonus! We continue to work on our music for this year's competition and have been fortunate enough to have wonderful coaching from John Coffin, a judge in the men's organization. He was most helpful and we look forward to working with him again before April.

On Monday, September 17, 2007, we will be hosting the Magic Mix Harmony Invitational golf tournament. It will be held at a local 9-hole, par-3 course and promises to be a good time for everyone, not just the serious golfer. With our warped senses of humor you just never know what types of prizes we will be giving out! Farthest from the pin? Closest to the tee? The options are endless.

Cherries Jubilee

Betty Couch, tenor; Cherry Taylor, lead; Lynne Worth, baritone; Catherine Sarwar, bass

Voice of Vermilion's quartet, Cherries Jubilee, has been around for a long time, with occasional new faces and voices. While our lead, Cherry Taylor, and our



tenor, Betty Couch, have been our anchors through time, Catherine Sarwar has been singing bass with the group for only a couple of years. The newest cherry to be picked is Lynne Worth, who started out in our chorus singing lead, then quickly switched to bass. When Cherries Jubilee needed a baritone, our lovely chameleon changed her colors again and blended right in!

We are happily busy working on vocal production, blending our voices and building our repertoire. We are also looking forward to our chorus' Christmas show for which our quartet will sing "Mary Did You Know?", and then join voices with our sister quartet, Les Papillon, to sing "Winter Wonderland" as a VLQ.

Counterparts

BJ Pruett, tenor; Mindy Butler, lead; Janie Rousseau, baritone; Linda Knight, bass

Counterparts is excited about our newest "part"! Janie Rousseau is a marvelous baritone who sings with Houston Horizon Chorus. She is a cat lover, but also loves dogs and horses. When she is not rehearsing with us, she is taking care of many, many, many sick children in the elementary school where she is the school nurse. We are so glad that she is a "counterpart" of ours!

We have been very busy singing this summer. In July, we got the opportunity to sing the anthem and offertory at the Atascocita Presbyterian Church. It was a wonderful, rewarding experience. In August, we performed for the "First Edition" (Houston Chronicle retirees). We had such a blast, and the audience was great (so was the yummy luncheon!) We are looking forward to several performances coming up this fall.

Christmas is right around the corner, and we are busy getting ready for Dickens on the Strand and Sam Houston Park's Annual Candlelight Tour. We always have such a great time stroll singing at both events! And, speaking of right around the corner, contest 2008 will be here before we know it, and we are diligently working on our contest music.

Counterparts wishes the best of luck to Houston Horizon and Replay in Calgary. See you in October!

Prelude

Hilda Mancillas, tenor; Jane Schlinke, lead; June Deiser, baritone; Lisa Deiser, bass

It has been a busy summer for the members of Prelude Quartet. Jane Schlinke,



lead, was promoted to GS11 at her job at Fort Sam Houston, and has been traveling quite a bit for work this summer. Besides a job-related trip to Florida (and another one upcoming), she managed to squeeze in a trip to Michigan to visit with family. She was also appointed to the Regional Management team, so she's been quite the busy beaver! Hilda Mancillas, tenor, is now gainfully employed! She is really enjoying her new job, and has managed to get some traveling in as well. She attended the Men's International competition in Denver this past July, and has made several trips to the

coast and the Valley to visit with family. June Deiser, baritone, spent some time in Arizona visiting her daughter, son-in-law and grandchildren, then flew to Oregon to attend her nephew (and godson's) wedding. Lisa Deiser, baritone, has been very busy with work, but also went to Oregon for the wedding, and spent a week of "Non-Sweet Adeline" vacation for the first time in years! Jane and Lisa also attended IES and really enjoyed seeing many members from Region 10 in our home town. We performed for our good friends Vanguard Quartet on their send-off show. This was very exciting, as it was their first time as a contestant at the men's convention. On top of that, we have been busy learning new music and getting ready for a few performances. One is for the Salvation Army Auxiliary and another for a local church's annual Ice Cream social. We're really looking forward to that one! Prelude would like to extend our best wishes to the Houston Horizon Chorus and Replay for good luck at the International competition in Calgary. Jane will be there, taking pictures for the SING group, but we will all be rooting for you!

FLASH!

Marché Marquis, tenor; Robin Parsons, lead; Bebe Caldwell, baritone; Cindy Fossum, bass

Robin, Bebe and Marché were three of the four "Plumber Hummers" who claimed AMC's \$5,000 jingle contest

winnings on one of our local news channels. Hilda Mancillas, the original "tenor hummer" was at Men's International, so Marché graciously filled in and Ronda Perez, the TV pro, steered us through.



Once again, we thank the Region and Sweet Adelines everywhere for their support in helping AMC get to Hawaii!

Besides our "jingle fever," we've had many singing engagements and are being coached as often as possible. We are blessed with so much talent in this Region! We encourage every quartet to seek out our local heroes (coaches). Our upcoming events include singing on the Austin Harmony and Alamo Metro Fall shows. The next Regional gathering is in November, and we look forward to visiting with our old friends and making new ones too.



Region 10 at IES

Once again, Region 10 was well-represented at International Education Symposium in San Antonio in July. Next year will be the final year of the IES program, which will be replaced with Regional Schools around the country. Mark your calendars now for this final event, July 16-19, 2008, at Trinity University in San Antonio. The theme will be, "Kickin' It Up A Notch." Check the International website for more information.

STEP #1: POSTURE

(Continued from page 1)

So what are the elements of proper body alignment?

- Stand on both feet, shoulder width apart and parallel with each other; feel the body weight through the center of your feet. Imagine a triangle is created on the bottom of your foot with the heel, big toe, and little toe.
- Let your knees remain "soft", neither locked nor bent. When a singer's knees are locked, the body is off balance. This causes body tension, which creates a tense singer.
- Relax the pelvis and center this area over your feet. The abdomen is relaxed.
- Feel your spine lengthen, but not straighten! Your spine has natural curves in it.
- Shoulders should be in a neutral position, neither rounded forward nor pulled back. Your upper chest and back should be equal in surface area. Feel your shoulders simply "sit" on the ribcage.

If a singer tries to lift the chest by pulling the shoulders back, the result is tension. To accomplish the lifted sternum and ribs, the singer should use the intercostal muscles around the rib cage. As a result, the ribs are lifted out of the waistline without creating tension.

- Your head is not held on by your neck! Your skull is balanced on top of the last vertebrae in your spine. Feel all of your head movements from this place. Feel the indentation in the back of your head on the same level as your ears? That's how high it is. This is very impor-

tant; singers must avoid neck tension when singing. Your ears should feel as if they are over your shoulders. Most of us tend to "stick our necks out".

Practice this posture exercise and proper posture will become second-nature to you when singing before an audience:

1. Stand backwards against a wall and place your heels about 2 inches from the wall.
2. Push the small of your back against the wall.
3. Keep your head level.
4. Tuck your buttocks under. Your chest should now come up, with your shoulders moving back. This is the proper body alignment for singing.

Our goal in posture is a positive one; body alignment should not get in the way of any functions of singing. Maintaining proper body alignment will take practice. Most of us have poor posture. You'll find in the long run, with this alignment, that you'll have more energy. Also be aware that many singers who already have vocal training or a choral background have a tendency to hold the upper body up in a manner that is over extended, i.e. high chest and shoulders and lifted chin.

If all singers in a chorus will work toward attaining good body alignment, the overall sound of the chorus will be noticeably improved. When you accomplish this, you will notice a significant improvement in the quality of your own voice.

Mastery of correct singing posture is the first step in the musical journey. And you will be prepared to begin work on the next key ingredient of vocal production: breathing.

SPREAD THE WORD

(Continued from page 1)

because of the friendships, the good times, and of course, the singing? We all have our reasons. Let's be positive in all we do.

Marketing ideas:

- Advertise in your local telephone book – it will display for a whole year.
- Print chorus business cards for everyone to carry and hand out. They can write their own names on the back of the cards.



- Post flyers on the inside of the stall doors in the ladies bathroom. Try this at local community colleges, libraries, large corporations, department stores, etc. (Be sure to request permission first.) And, leave business cards wherever you go!
- Invite the press to Christmas caroling, tree lightings, community singouts.
- Word of Mouth – Talk to EVERYONE you know – and strangers too. Get husbands, relatives and friends to help spread the word. Don't be shy!

Alamo Metro Chorus Wins \$5K Jingle Contest

By Jane Schlinke, Alamo Metro Publicity

New members bring so much to our organization. Kathy Dickinson, a baritone of course, found a way to help us get to Hawaii by telling us about a contest sponsored by "Will Fix It," a local plumbing company and WOAI-TV, the NBC affiliate here in San Antonio. Then, thanks to our Master Director and Certified Arranger, Mary Ann Wydra, a barbershop jingle was born.



Mary Ann chose four of our section leaders, the "Plumber Hummers," who quickly learned their parts and videoed the jingle. For the finals we really had to ramp it up, so naturally we contacted Marti Lovejoy and the Sweet Adelines Internet Group (SING), and requested the power of Sweet Adelines and the Barbershop Society to vote for our jingle online. With the power of the barbershop world, (we could elect a president!) and thanks to your votes, We Won!

The Plumber Hummers appeared on the morning show, and the commercial has been playing on

the local TV stations. The \$5000 will be put to good use for competition expenses to Hawaii.

Special thanks to our Director Mary Ann Wydra, The Plumber Hummers: Bebe Caldwell-baritone, Robin Parsons-lead, Ronda Perez-bass, and Hilda Mancillas-tenor, (and Marche Marquis for filling in for the TV spot), Great Gulf Coast Region 10, friends and family of Sweet Adelines around the world, and SING. **Barbershop Power is a force to be reckoned with.** As a way to reciprocate, a portion of our winnings will be donated to the Young Singers Foundation.



Region 10 Management Team

May 1, 2007 – April 30, 2008

Communications Coordinator

Glenda Hudgens

H – 361-993-0280

C – 361-946-3145

Rhudgens@stx.rr.com

Directors Coordinator

Vickie Dennis

H – 281-251-7464

W – 281-357-3000, Ext 272

C – 713-825-6194

VADennis@sbcglobal.net

Education Coordinator

Janie Macchiaroli

H – 281-341-1310

C – 713-805-5990

janiem@att.net

Events Coordinator

Ednae Kinsman

H – 972-233-5262

C – 972-754-7644

Kinsman84@tx.rr.com

Finance Coordinator

Cheryl Pyle

H – 512-837-1021

W – 512-232-2828

C – 512-217-2652

pyle@mail.UTEXAS.edu

Marketing Coordinator

Jane Schlinke

H – 830-885-6496

W – 210-221-0612

C – 210-908-8375

ejane827@gvtc.com

Membership Coordinator

Carin Williamson

H – 281-491-5391

C – 713-419-1546

willsing@academicplanet.com

Team Coordinator

JoAnn Flanagan

H – 512-255-5391

C – 952-210-5347

joann@flanagan.name

The Journey: "Music Takes Us Everywhere!" Fall Regional with Sandy Robinson Marron - Nov 9th - 10th Houston

Hilton Houston Nasa Clear Lake 3000 NASA Pkwy, Houston TX 77058 281-333-9300 www1.hilton.com

Print Last Name _____ First Name _____ Preferred Name for Badge: _____

Registration for this event has been prepaid through your regional education fee for Region 10 Chorus Members if registered prior to October 19.

I sing with _____ Chorus and/or _____ Quartet

I am BATTY – Been At This _____ (20 or more) Years!

Positions I hold in my chorus include: (Please circle all that apply.) Director Asst/Assoc Director Section Leader/Music Staff Visual Team
President/Team Coordinator Membership Coordinator Finance Coordinator

Positions I hold on the Regional and/or International level: (Please print.) _____

I am a CAL member of Region #10 and have paid my \$25 regional assessment. I have included the \$25 registration fee for this meeting and understand that I will not be required to pay a registration fee if I attend the January Regional Meeting.

I am younger than 26 years but not a member of a Region #10 chorus. I have included the \$5 youth registration fee.

I am not a member of a Region #10 chorus. I have included the \$35 non-member adult registration fee.

I was unable to register by the October 19 deadline and have included the \$10 late registration fee.

You can reach me during the day at _____; evenings at _____

Breakfast – \$13-including tax and tip – Please reserve me a spot at the optional breakfast buffet on Saturday, Nov. 10 (7:30-8:30am).

I have enclosed a check for \$13 or _____ Please charge my credit card: MasterCard / Visa (sorry no other cards accepted)

Credit Card Number _____ Exp Date _____ Print Name on Credit Card _____

HOTEL RESERVATION – EVERY ROOM MUST BE GUARANTEED WITH A CREDIT CARD (one card per room is fine)

I DO NOT require overnight accommodations.

Please guarantee this room reservation with: _____ MasterCard / Visa Other _____

Credit Card Number _____ Exp Date _____ Print Name on Credit Card _____

Circle your room choice: \$99 per room per night: single double triple quad Smoking Non-Smoking

How many nights are you staying? Check all that apply: _____ Thursday _____ Friday _____ Saturday Other? _____

My roommates are: 1) _____ 2) _____ 3) _____

**PLEASE REGISTER BY OCT. 19
TO HELP US MEET OUR ROOM BLOCK AT THE HOTEL!!!!**

SEND TO: Edna Mae Kinsman, Events Coordinator
7717 La Sobrina
Dallas, Texas 75248
Phone: 972-233-5262 Fax: 972-934-0767
Email : kinsman84@tx.rr.com